

I'm finally getting a handle on "Nasty" (thanks to Richard's extra practice!!). Here is how I break down the routine... Just want to share in case someone finds this helpful. I'm using my own notations so I hope they make sense!

First four four-beats:

Kick-out-up-down in A, B, C, D groups

Next four four-beats:

Backstroke R-L, cross down, jump up

Throw-and-pop (left), throw-and-pop

Throw-and-pop (right), throw-and-pop

Arms up-down, hop all around

(Chorus)

Pull shuffle shoulder shoulder, walk-a-round ("Nasty, nasty boys, don't mean a thing")

Arm fold cross circle, head head pop pop ("da da daladalada, oh you nasty boys")

Turn up down hump, walk-a-round ("Nasty, nasty boys, don't ever change")

Booty bounce booty bounce, back into it ("da da daladalada, oh you nasty boys")

(Main instrumental break)

Pigeon L-R, hip circle, down-up, pop L-R-L-L, R-L-R-R)

Prude segment ("I'm not a prude... If you want me to respond")

Name segment ("Cause privacy... Ms Jackson if you're nasty")

Right arm slap ("Oh you nasty boys... uh")

REPEAT: Main instrumental break

Girl-boy segment

REPEAT: half of chorus

Pull shuffle shoulder shoulder, walk-a-round

Arm fold cross circle, head head pop pop

Turn ("That's the end?")

Plus bonus ending.